


Webinar Guidelines

- ▶ All participants automatically have their mics and cameras off.
- ▶ ASL interpretation is being provided. We invite those using ASL interpretation to please connect directly with interpreters in the chat box. Live captioning is available.
- ▶ If you have questions for presenters, please type them into the Q&A box.
- ▶ There will be an evaluation form link that automatically opens in your browser after the Webinar has ended. A Certificate of Participation will be generated once you complete this evaluation.
- ▶ The Webinar is being recorded. The recording and any materials (e.g. slides) will be posted on the Learning Network website and emailed to you after the event is over.
- ▶ For those wishing for support, a list of supports and services will be posted in the chat box.

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This Learning Network and Knowledge Hub webinar will take place in English, with closed-captioning in English and simultaneous French interpretation.

To select your preferred audio language (English or French), click on the interpretation button, the globe icon  on the bottom navigation panel if you are using a desktop.

If you are using a mobile device, tap on the More icon and tap language interpretation.

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THE MEETING PLACE

INDIGENOUS ANCESTRAL LAW AND MENTAL HEALTH

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CONSENT

The following slides will be reviewing the oppressive history of Indigenous Canadians and will refer to specific atrocities committed on Indigenous children. The facilitator will also be giving examples of PTSD in Indigenous families.

By continuing as an attendee, you are consenting to participate through observation or direct communication with the facilitator.

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NISGA'A AND TSMSYEN CHIEFS 1887

You can keep a bird in a cage
But even if the cage is beautiful
The bird will never be free

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PAULO FREIRE: PEDAGOGY OF THE OPPRESSED

Dehumanization, which marks not only those whose humanity has been stolen, but also (though in a different way) those who have stolen it, is a distortion of the vocation of becoming more fully human.

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PAULO FREIRE: PEDAGOGY OF THE OPPRESSED

This, then, is the great humanistic and historical task of the oppressed: To liberate themselves and their oppressors as well. The oppressors, who oppress, exploit, and rape by virtue of their power, cannot find in this power the strength to liberate either the oppressed or themselves.

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PAULO FREIRE: PEDAGOGY OF THE OPPRESSED

But almost always, during the initial stage of the struggle, the oppressed, instead of striving for liberation, tend themselves to become oppressors, or “sub-oppressors.” The very structure of their thought has been conditioned by the contradictions of the concrete, existential situation by which they were shaped. Their ideal is to be men; but for them, to be men is to be oppressors. This is their model of humanity.

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PAULO FREIRE: PEDAGOGY OF THE OPPRESSED

The central problem is this: How can the oppressed, as divided, unauthentic beings, participate in developing the pedagogy of their liberation?

Only as they discover themselves to be ‘hosts’ of the oppressor can they contribute to the midwifery of their liberating pedagogy. As long as they live in the duality in which to be is to be like, and to be like is to be like the oppressor, this contribution is impossible. The pedagogy of the oppressed is an instrument for their critical discovery that both they and their oppressors are manifestations of dehumanization.

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TRUTH AND RECONCILIATION

Between 2007 and 2015, the Government of Canada provided about \$72 million to support the TRC's work. The TRC spent six years travelling to all parts of Canada and heard from more than 6,500 witnesses.

There are those who chose to remain silent, those who died at an early age before 2007, and those who were killed as children who are being found in unmarked graves.

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TRUTH AND RECONCILIATION

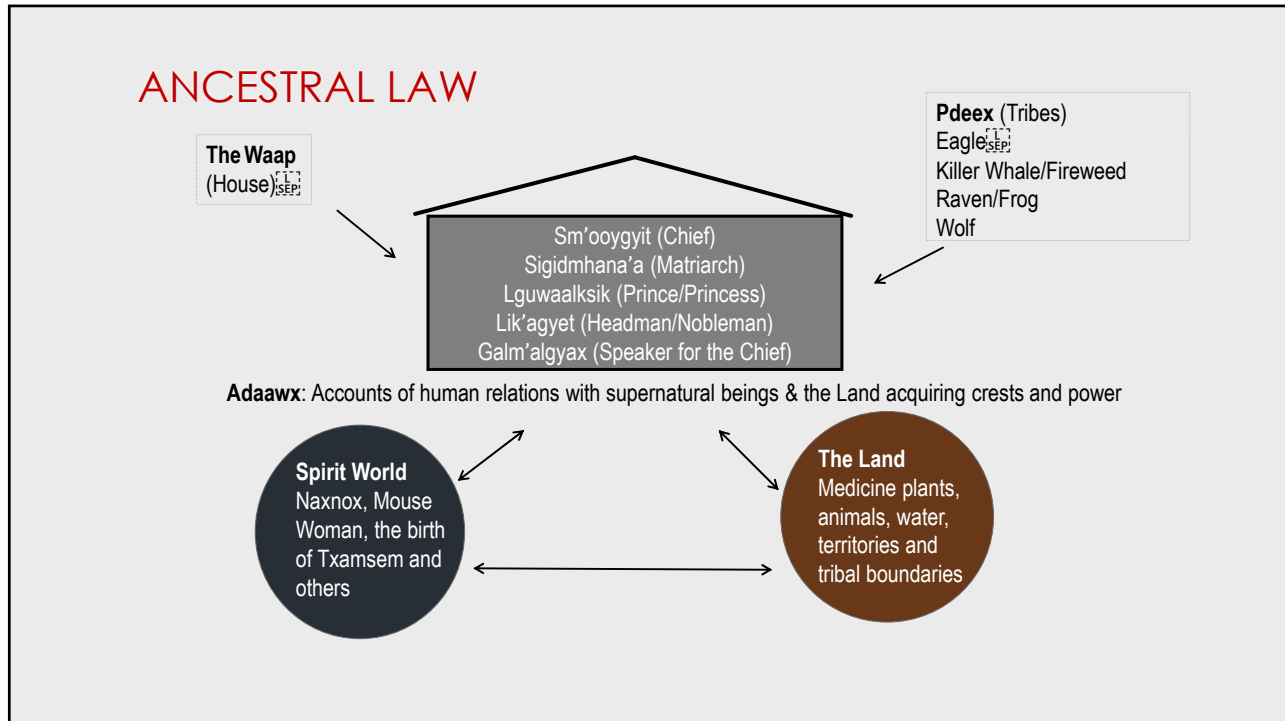
- Indigenous children were forcibly taken from their homes by RCMP. ¹
- 150,000 Indigenous children were taken from their families. ³
- 90 to 100% suffered severe physical, emotional, and sexual abuse. ¹
- There was a 40-60% mortality rate in Indian residential schools. ¹
- Residential schools date back to the 1870s. ³
- Over 130 residential schools were located across Canada, and the last school closed as recently as 1996. ³
- Two-thirds of Canadians believe (and four in ten **strongly** believe) that Canadians with no experience in Indian residential schools have a role to play in reconciliation between Indigenous peoples and all Canadians. ²

¹ Dr. Bryce Report 1907, Medical Inspector, Department of Indian Affairs

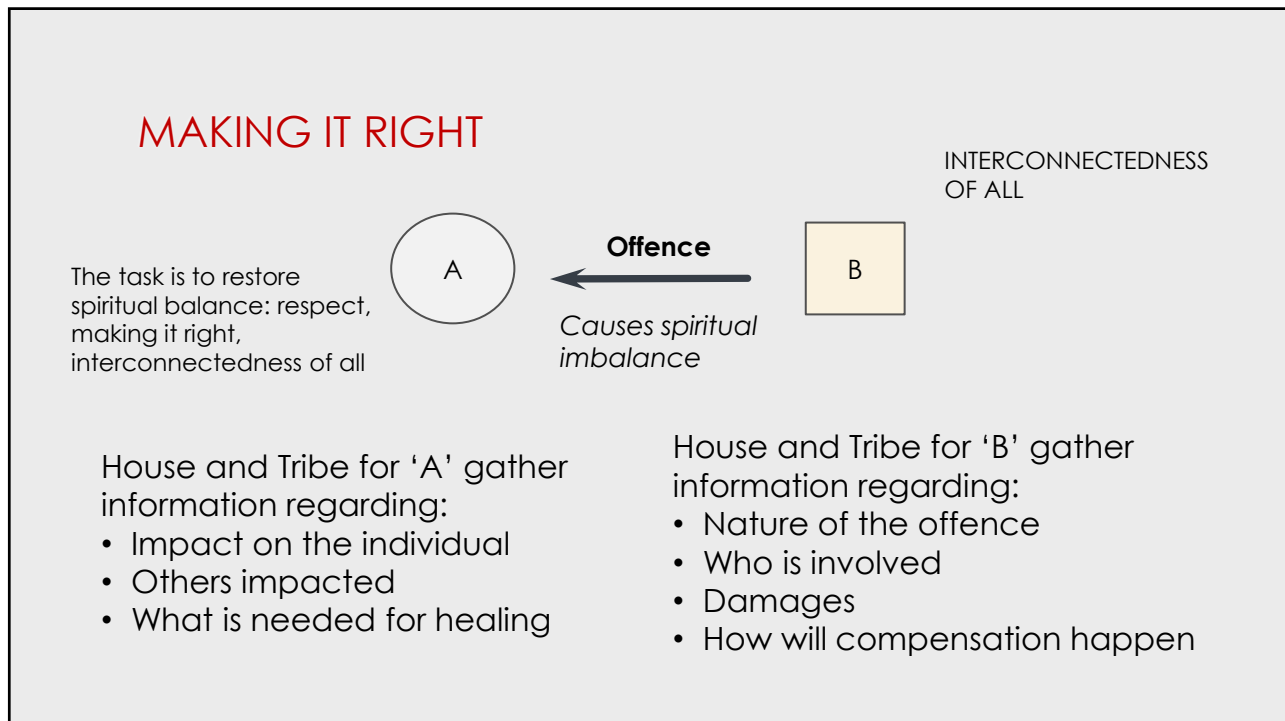
² 2008 National Benchmark Survey, Indian Residential Schools Resolution Canada

³ Truth and Reconciliation Commission of Canada

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PTSD HAS CHANGED THE COLLECTIVE BRAIN

1. The threat perception system is enhanced: People see danger where other people see something that can be managed. And the body system becomes fear-driven.
2. The filtering system 'gets messed up.' You start paying attention to things that are not relevant to the bigger picture (hypervigilance) and it becomes difficult to engage in everyday/ordinary situations.
3. The self-sensing system gets blunt which is a defensive response to terror/neglect/abuse which leads to habitual behaviours that dampen or numb the sensing system.

- Bessel van der Kolk

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MAKING IT RIGHT FOR SELF, MAKING IT RIGHT FOR ALL

- Gitxsan Chief, Joan Ryan
- The two are not separate but one: Protocol and process and cleansing ways
- 'One heart one mind' is the saying to pull us together in the collective heart that is aligned with the good teachings

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