# List of Resources Shared by Participants from the Learning Network/Knowledge Hub Webinar

From participants of the "Understanding and addressing issues of gender identity and sexuality when working with trauma survivors through trauma-informed care approaches" webinar presented by Dr. Jillian Scheer on November 30, 2021.

#### Researchers

#### **Dr. Alexa Martin-Storey**

https://www.prevnet.ca/partners/researchers/dr-alexa-martin-storey

Dr. Alexa Martin-Storey is an assistant professor in the psychoeducation department at the Université de Sherbrooke. She received her PhD from Concordia University in psychology, and subsequently completed a postdoctoral fellow at the Population Research Center of the University of Texas at Austin. She is interested in how victimization accounts for mental health disparities among stigmatized populations, including sexual minority and overweight youth. She is currently developing a behavioural evaluation of teacher's responses to homophobic and gender non-conformity-based bullying in the classroom.

#### Dr. Janice Ristock

https://umanitoba.ca/faculties/arts/departments/womens studies/members/3115.html

Dr. Janice Ristock obtained her BA (hons) at the University of Manitoba, MA in Applied Social Psychology at the University of Guelph and PhD in Community Psychology at the University of Toronto (OISE). Before assuming the position of Vice-Provost (Academic Affairs), she was the Associate Vice-President (Research) in the Vice-President (Research and International) office, the Associate Dean (Research and Faculty Development) in the Faculty of Arts and served as Coordinator of the Women's and Gender Studies Program for twelve years. Dr. Ristock is also Adjunct Professor in the Department of Anthropology and the Disability Studies Program.

Her scholarly work reflects an overarching focus on community mental health and social justice. Her research is in three intersecting areas: gender and sexuality; interpersonal violence; and HIV and social stigma. She has gained international recognition for her research on violence in same-sex relationships and feminist community-based research methodologies.

# **International Organizations**

#### **World Professional Association for Transgender Health**

https://www.wpath.org/

The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Their professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally.

### **National Canadian Organizations**

#### **Pflag Canada**

https://pflagcanada.ca/

Pflag Canada is proud to be Canada's only national organization that offers peer-to-peer support striving to help all Canadians with issues of sexual orientation, gender identity and gender expression. They support, educate and provide resources to anyone with questions or concerns. They offer local, practical, and emotional peer-to-peer family support for individuals and their loved ones challenged by gender/sexual identity.

#### Egale

https://egale.ca/

Egale is Canada's leading organization for 2SLGBTQI people and issues. They improve and save lives through research, education, awareness, and by advocating for human rights and equality in Canada and around the world. Their work helps create societies and systems that reflect the universal truth that all persons are equal and none is other.

#### Wisdom to Action

https://www.wisdom2action.org/

Wisdom2Action (W2A) is a social enterprise and consulting firm specializing in community engagement, creative facilitation, research and evaluation, knowledge mobilization and equity, diversity and inclusion. Wisdom2Action provides customized training and implementation support on 2SLGBTQ+ inclusion. Their services include both targeted training (such as workshops on 2SLGBTQ+ inclusion) and ongoing implementation support (such as policy review, resource development and coaching).

#### Trans Lifeline

https://translifeline.org/about/

Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.

# **Provincial Organizations**

#### **Rainbow Health Ontario (Ontario)**

https://www.rainbowhealthontario.ca/

A program of <u>Sherbourne Health</u>, Rainbow Health Ontario (RHO) creates opportunities for the healthcare system to better serve LGBT2SQ communities. RHO offers training for healthcare providers across the province to feel more clinically and culturally competent in caring for their LGBT2SQ service users. RHO also supports system change by producing evidence-based print and web resources, contributing an LGBT2SQ health perspective to public policy processes, acting as a research catalyst and hosting Canada's largest LGBT2SQ health conference.

#### **Skipping Stone (Alberta)**

https://www.skippingstone.ca/

Skipping Stone provides affirming care to trans and gender-diverse youth, adults, and families. They offer a welcoming, positive, and judgement-free space for anyone who identities as trans, transgender, non-binary, or gender diverse, as well as those questioning, exploring or looking to affirming their gender identity or expression.

#### **QMUNITY (British Columbia)**

https://qmunity.ca/

QMUNITY is a non-profit organization based in Vancouver, BC that works to improve queer, trans, and Two-Spirit lives. They provide a safer space for LGBTQ2SAI+ people and their allies to fully self-express while feeling welcome and included. Their building serves as a catalyst for community initiatives and collective strength.

#### TRANS CARE BC (British Columbia)

http://www.phsa.ca/our-services/programs-services/trans-care-bc

Trans Care BC supports the delivery of equitable and accessible care, surgical planning, and peer and community support for trans people across the province.

#### **MOSAIC (British Columbia)**

https://www.mosaicbc.org/about/

MOSAIC is one of the largest settlement non-profit organizations in Canada. They serve immigrant, refugee, migrant and mainstream communities in Greater Vancouver and the Fraser Valley as well as throughout the province of BC and overseas via online programs.

Their Trans Newcomers Online Resource Hub is an online community that provides information and support to newcomer transgender folks, including information and resources, peer and mentor support, and a platform to build a network of support.

#### **Ending Violence Association of B.C. (British Columbia)**

https://endingviolence.org/about-us/

The Ending Violence Association of British Columbia (EVA BC) works to coordinate and support the work of victim-serving and other anti-violence programs in British Columbia through the provision of issue-based consultation and analysis, resource development, training, research and education. Their work is guided by respect for difference, human dignity and equality.

#### **Creating Accessible Neighborhoods (British Columbia)**

https://www.canbc.org/

Creating Accessible Neighbourhoods (CAN) is committed to equity, diversity, and accessibility. CAN recognizes that people with disabilities and/or chronic health conditions have multiple intersecting identities that affect their experiences and daily life. CAN represents and honours all identities by centering decolonization and using both an intersectional lens and disability justice framework.

# **Local Organizations**

#### Positive Space Network (Halton Region, Ontario)

https://positivespacenetwork.ca/resources/

The Positive Space Network builds community and creates safer spaces for 2SLGBTQ+ youth ages 6-24 in Halton Region by creating youth-focused programming, providing mental health support and cultivating community partnerships. They are actively working towards a future in which diverse 2SLGBTQ+ youth, individuals and families live in a welcoming and supportive world.

#### **SPECTRUM (Waterloo Region, Ontario)**

https://www.ourspectrum.com/

SPECTRUM is an organization that serves, affirms, and supports the well-being of 2SLGBTQ+ individuals in Waterloo Region and the broader community through peer support, community partnerships, education and training, resources, and events.

# **Online Resources**

#### **Safe Zone Project**

https://thesafezoneproject.com/about/

The Safe Zone Project (SZP) is a free online resource providing <u>curricula</u>, <u>activities</u>, and other resources for <u>educators</u> facilitating Safe Zone trainings (sexuality, gender, and LGBTQ+ education sessions), and <u>learners</u> who are hoping to explore these concepts on their own.

# **Research Reports**

Trauma-Informed Approaches for LGTQT\* Survivors of Intimate Partner Violence <a href="http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2016/09/TIPforLGBQTSurvivors">http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2016/09/TIPforLGBQTSurvivors</a> LitReview.pdf

This document is a literature review that sets the context for thinking about trauma-informed practice (TIP) for lesbian, gay, bisexual, queer and transgender (LGBQT\*) survivors of intimate partner violence (IPV). The literature review helps to inform a set of practice-based observations that are included in the Appendix.