



ROOTS AND RESILIENCE

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Presentation Outline

Acknowledgements

Recap from Roots and Resistance

Healing Centre Engagement

Application of HCE in
Programming

Possibilities



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AUDRE LORDE
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SIDRAH MAYSOON
ALEXIS PAULINE GUMBS
DANITY SMITH
RAVYN WYGZ
AND COUNTLESS OTHERS





*MY
JOURNEY TO
SUPPORTING
BLACK SURVIVORS
OF SEXUAL
VIOLENCE*

Recap of Roots and Resistance



MYSOGINOR

Explored the definition of mysoginor
Archtypes/ Sterotypes of Black Women and Femmes

REALITIES AND POSSIBILITIES

Explore the statistics of black survivors of sexual violence
Names Programming

SYSTEMS FAILURES OF MAINSTREAM GBV MOVEMENTS

Over-reliance of criminal justice system/carceral feminism
Institutional barriers for survivors with GBV organizations

MISOGYNOIR

Misogynoir (from the word misogyny; [miso-: hater, gyn-: woman, noir: Black]; specific anti-Black misogyny—where race and gender together are factors and often this misogyny creates a binary with White women (where White women represent “good” womanhood and Black women do not) or has levels that include other women of colour, but only insofar as Black women are the most degraded and placed at the bottom. This binary creates invisibility for Black women’s pain and hypervisibility for what are deemed inherent flaws based on Black womanhood, as the ultimate conception of “non-womanhood,” as possessed by a woman. This is why even with cis privilege, cis Black women are masculinized as a tool of violence and hypersexualized as a tool of violence; as undesirable objects to be controlled and disposed of and as hyper-desirable objects for sexual use and disposal, simultaneously.



They aren't talking about me...

Archetypes



The Jezebel



The Mammie



The Sapphie

Strong Black Men Are Victims Of Assault, Too



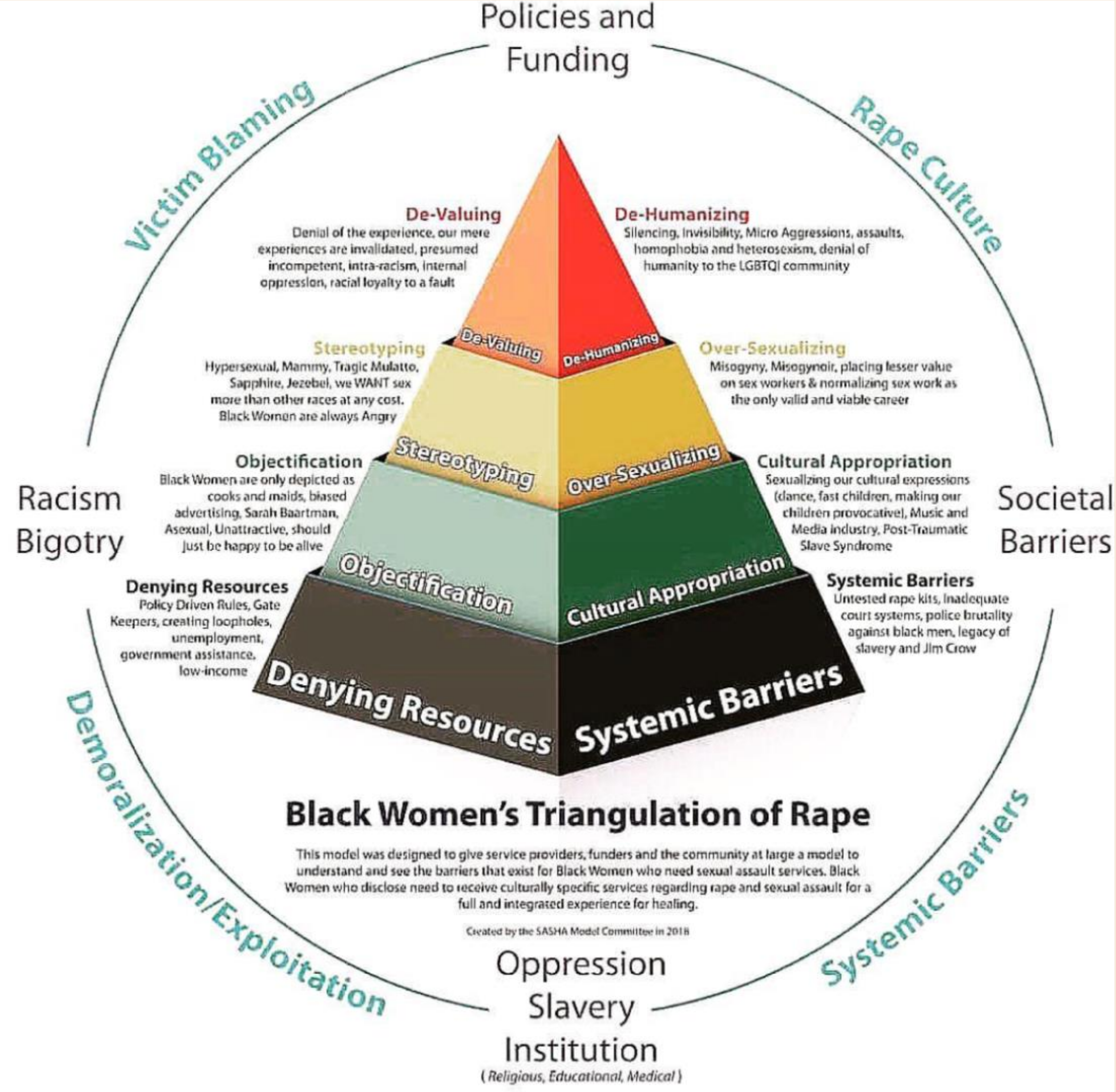
Jay Connor
Guest Writer



ROOTS AND RESILIENCE

WE LIVE HERE!





*THE SASHA CENTER
MODEL:BLACK WOMEN'S
TRIANGULATION OF
RAPE*

ROOTS AND RESILIENCE

STATISTICS

40% BLACK SURVIVORS HAVE
EXPERIENCED SEXUAL VIOLENCE
BY THE AGE OF 18

TRANS WOMEN OF COLOR ARE 2.5
MORE TIMES LIKELY TO
EXPERIENCE SEXUAL VIOLENCE
THAN CIS WOMEN

BLACK WOMEN ARE LESS LIKELY
TO REPORT EXPERIENCES OF
SEXUAL VIOLENCE.



DEFICIT MODELS



THERE IS A PROBLEM

How do we
centre joy and
strength based
practices when
it comes to
working with
Black survivors
of sexual
violence?





" I am more than
what happened to
me, I'm just not my
trauma"

Survivor

Iowa Coalition Against Domestic Violence



A healing centered approach to addressing trauma requires a different question that moves beyond “what happened to you” to “what’s right with you” and views those exposed to trauma as agents in the creation of their own well-being rather than victims of traumatic events.

Shawn Ginwright

The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement



STRENGTH BASED

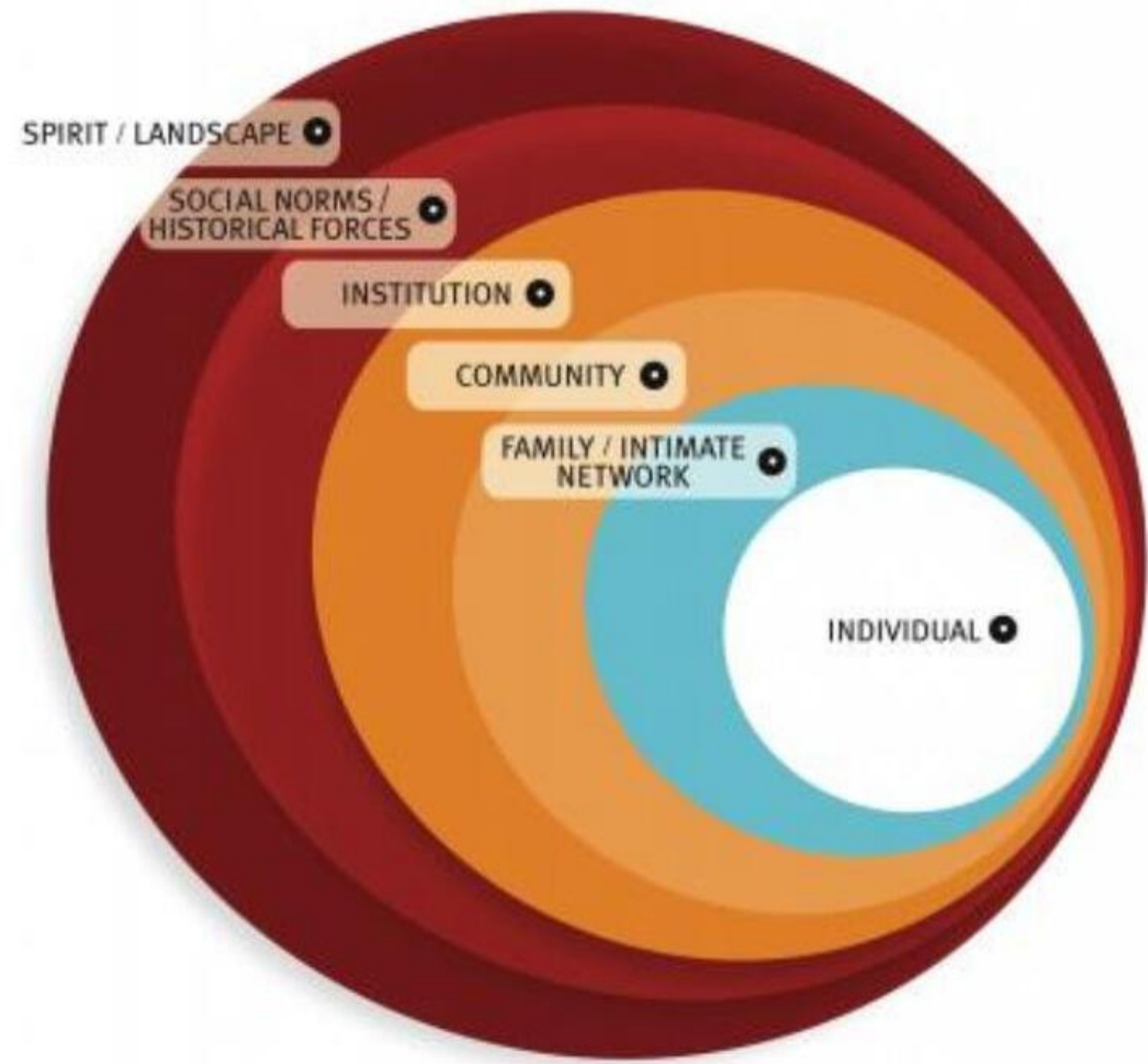
COLLECTIVE HEALING

POLITICAL RATHER THAN CLINICAL

Healing Centred Engagement



Sites of Shaping Sites of Change



P L E A

S U R E



A C T I

V I S M



The Politics of Feeling Good

Written and Gathered by adrienne maree brown

Pleasure Activism

ADRIENNE MAREE BROWN



"There is no way to repress
pleasure and expect liberation,
satisfaction, or joy."

Adrienne Maree Brown

Pleasure Activism: The Politics of Feeling Good



"Make no mistake, black survivors have been resilient, they have been using modalities of healing outside of mainstream organizations. They have been meeting in kitchen's, salons & churches. They found ways to support their healing...make no mistake"

Kalimah Johnson- Executive Director/ Founder

Sexual Assault for Holistic Healing and
Awareness

Practices of Resilience



ROOTS AND RESILIENCE



EXPRESSIVE ARTS



MOVEMENT BASED PRACTICE

III Nana Dance Collective - Intensive

- BIPOC LGBTQ+ FOCUS
- HISTORICAL CONNECTION TO DANCE AND COMMUNITY
- NEUTRAL SPACE
- CLINICAL COUNSELLOR
- STORY SHARING
- EXPRESSIVE ARTS
- HOSLISTIC APPROACH

Image by @JasimeDrawing

BODY

LOVE

Body Love

- BIPOC LGBTQ+ FOCUS
- USING BURLESQUE & MOVEMENT AS A TOOL TO SUPPORT HEALING.
- CONSENT PRACTICES OF TOUCH WITH SELF.
- EXPRESSIVE ARTS THERAPY
- LIPSTICK AND RESISTANCE AS A POLITICAL ACT

*HOT AND HEAVY
HOMEWORK
PLEASURE ACTIVISM*

Learning the landscape of consent
by practicing joy in your life.



SEEDS YOGA

HILL STUDIO- HAIR SALON
4 WEEK CYCLE
KITCHEN TABLE
RESOURCE SHARING
SPRITUALITY



ROOTS AND RESILIENCE



What does the work look like in
your communities?



How do we move away from prescriptive models of healing?



Is this already happening in my community? How can I support?



“Pleasure is the point. Feeling good is not frivolous, it is freedom.” - Adrienne Maree Brown



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