



SPEAK OUT! A GENDER BASED VIOLENCE RESEARCH AND INTERVENTION PROJECT

APRIL 2019 – MARCH 2023



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GET TO KNOW US

Egale is Canada’s national 2SLGBTQI organization. For more than 30 years, Egale has been working to improve the lives of lesbian, gay, bisexual, trans, queer, intersex, and Two Spirit (2SLGBTQI) individuals across Canada and to enhance the global response to 2SLGBTQI issues.

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AGENDA

- PROJECT BACKGROUND**
- SURVEY INSIGHTS**
- HACKATHON**
- NEXT STEPS**
- Q&A**

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ABOUT THIS PROGRAM

DESCRIPTION

5-year program national survey of 2SLGBTQI youth dating experiences in Canada

PRIMARY ACTIVITIES

- Development of Gender Based Violence Survey
- Survey Dissemination and Outreach
- Survey Report
- Hackathon Planning + Host Hackathon
- Hackathon Report, recommendations and debrief event

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METHODOLOGY


- Qualtrics survey platform
- Data securely stored
- Targeted recruitment
- Accessible and non-threatening phrasing
- Safely navigate away
- Available for personal devices (e.g., iPhone)
- Resources listed available online
- Full use of data

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Support Timeline


Of those youth who experienced dating violence,

- 55%** sought help one (1) month or less after it occurred
- 16%** waited a year or more to look for help
- 29%** of remaining youth sought help within 6 months



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Resources



Where do youth want to find information about dating violence?


- 78%** wanted online methods
- 55%** chose community locations, like a flyer at a doctor's office
- 45%** said drop in centres

Collectively, a further **48%** chose text, emails or in-person information

Only **17%** wanted to find information from an authority like a police officer

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Survey Insights



Direct Service Options

1-on 1 counselling	79%
testing for sexually transmitted infections (STI's)	67%
safe space for the night	67%
housing/homelessness resources	49%

Of several direct services options in a choose-all format, more than half wanted 1-on 1 counselling (79%), testing for sexually transmitted infections (STI's 68%) or safe space for the night (67%). Almost half (49%) said they would like housing/homelessness resources, suggesting youth may feel their position in the family home is not stable and are in danger of being ejected.

Service Providers

Prefer receiving help from other 2SLGBTQI people	78%
Get help from 2SLGBTQI people	36%

Most youth (78%) said that they would prefer receiving help from other 2SLGBTQI people but only 36% of youth did. This indicates it is likely harder to get help from 2SLGBTQI people

Seeking Help

Reached out to a friend/chosen family member	29%
School counsellor	12%
Parents, community service providers, physicians and others	4%

The largest proportion of youth indicated they reached out to a friend/chosen family member (29%), a school counsellor (12%), 4% or less chose options like parents, community service providers, physicians and others

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PROJECT BACKGROUND

TEAM / PARTNERS

PARTICIPANTS

METHODOLOGY

CHALLENGES AND LIMITATIONS

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MURAL

Judges & Staff

Team Workspace

Presentations

SPEAK OUT: HACKATHON

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ABOUT THIS PROJECT/PHASE

During this phase of the 5-year program, Egale will publish the results from the national survey, assemble a 2SLGBTQI Intervention Action Committee (IAC).

PRIMARY ACTIVITIES

- Assemble IAC
- Egale and the IAC will assist in the logistics, planning and delivery of program resources, site-specific training, and evaluation models toward the successful trial of the Speak Out pilot GBV intervention program.
- Egale and the IAC will write a program report that will be accessible to other agencies and organizations across the country.

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GET INVOLVED!

JOIN THE INTERVENTION ACTION COMMITTEE!

We're actively recruiting members

HELP US PROMOTE

Share the committee call

Share the pilot program - partnering with 5 service providing agencies in Ontario

LINKS:

- [**ACTION COMMITTEE APPLICATION**](#)
- [**WE'RE HIRING! JOIN THE EGALE TEAM**](#)

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Youth Dating Violence (YDV) Intensive Intervention Program

Radius Child & Youth Services
PREVENTION • INTERVENTION • RESEARCH

Canada



Public Safety Canada / Sécurité publique Canada

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Agenda

- Radius Child & Youth Services
- Youth Dating Violence (YDV)
- YDV Intensive Intervention Program
 - Assessment
 - Treatment
 - Research
 - Referrals
- Questions





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Radius Child & Youth Services

- Halton Trauma Centre and Safe-T merged in 2014 to form Radius Child & Youth Services
- Specialized, Comprehensive & Evidence Informed Services



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Radius: Who We Serve



Radius Child & Youth Services
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Children under 12 who have experienced sexual abuse or interpersonal violence



Children under 12 engaging in problematic sexual behaviour



Youth who have engaged in sexually abusive behaviour




Intrafamilial sexual abuse & reunification

CHILDREN | YOUTH | FAMILIES

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Youth who Sexually Harm



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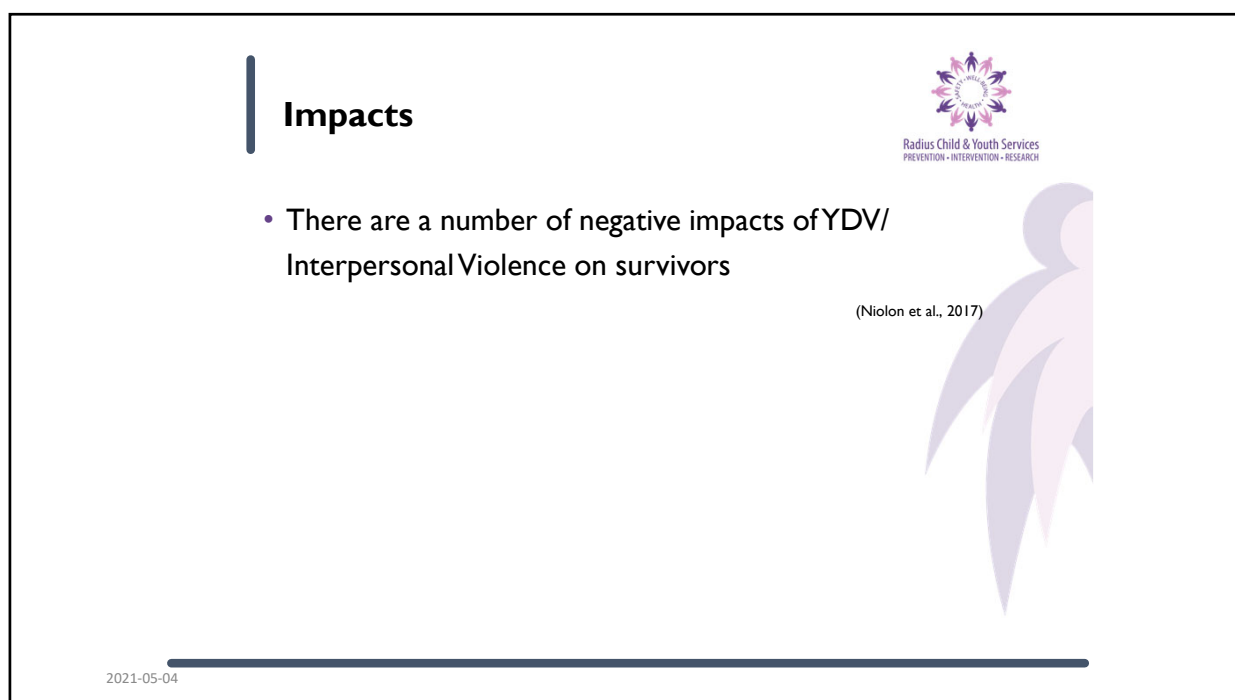
- **Our Worry**
 - Adolescents responsible for vast majority of sexual abuse against children 77% of males and 70% females (Gewirtz-Meydan, M & Finkelhor, 2019)
- **Our Success**
 - Recidivism over 10 yrs 5% vs 18% (Worling & Curwen, 2000)
 - Recidivism over 20 yrs 9% vs 21% (Worling et al., 2010)
- **Our Philosophy**
 - Avoid over-responsibility
 - Ethical responsibility to move beyond extinguishing sexually harming behaviour
 - Respects the other's capacity for thought and action, which is at times complicit with and at times resistant to, dominant cultural interests and power relations (Jenkins, 2016)

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Intervention



Numerous studies have suggested that **without intervention**, youth using YDV are **more likely** to use violence **in adulthood** against their future partners



(Foshee et al., 2014; Giordano et al., 2010; Pensak, 2015; Smith et al., 2010)




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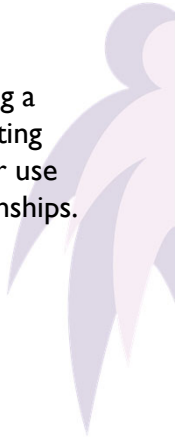
YDV Intensive Intervention Program



Through the support of Public Safety Canada, Radius is piloting a new program aimed at supporting youth 12-21 in addressing their use of violence in romantic relationships.



Public Safety Canada Sécurité publique Canada




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Risk Factors

- Risk as **dynamic** and **dyadic**
 - Background risk factors (e.g., individual psychopathology), immediate situational risk factors (e.g., stress levels), and relational risk factors (e.g., relationship satisfaction)
 - Risk may be partially relationship specific – higher risk at some times than others
 - A continuity in of violence within a specific relationship but not across relationships



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Risk Factors Con't

- **Relational Risk Factors**
 - **Negative interactions**
 - **Relationship satisfaction** - re: bullying and satisfaction
 - **Jealousy** - re: technology and jealousy





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Risk Factors Con't





- **Contextual Risk Factors**
 - Urban neighbourhoods/ community violence
 - Single parent homes
 - Parental psychopathology
 - Negative parent-child relationships
 - Family/parental conflict
 - Witnessing DV
 - 'Harsh parenting'

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Risk Factors Con't




- **Individual Risk Factors**
 - Aggressive behavior/ "externalizing behaviours"
 - Low self esteem
 - Bullying
 - Stressful life events (*male specific*)
 - Substance use
 - Mental health
 - Friends who engage in dating violence
 - Deviant/anti-social peers
 - Peer group aggression
 - Beliefs supporting aggression
 - Poor academic achievement

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Risk Factors Con't




- **Individual Risk Factors**
 - **Subscription to gender norms**
 - Gender-typed social scripts that emphasize male power and prescribe that men should be tough and aggressive, emotionally disengaged, and have sexual prerogative in romantic relationships

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Protective Factors




- **Closeness to parent/parental warmth**
- **Parental monitoring**
- **Pro-social peers**
- **Emotional intelligence/self-regulation skills**
- **Empathy**

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YDV Program – Assessment



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- Each participant has differing **strengths, risks, needs, and responsivity factors**, as well as **protective factors**, all of which will be explored during the assessment phase of the program.

Intensive


6-10 hours of clinical interviews and a full psychometric evaluation resulting in a 15-30 page report

Holistic

All realms of a participant's functioning will be assessed

Guiding


This produces a treatment plan tailored specifically to each individual



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YDV Program – Treatment



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- Participants will attend **weekly, individual one-hour** treatment sessions with an assigned clinical therapist.
- This program is **not time-limited** and sessions will continue to occur until the participants' treatment goals have been completed.
- A **trauma-informed approach** to treatment will be used as the framework through which other modalities will be used, such as:
 - Cognitive Behavioural Therapy (CBT)
 - Dialectic Behavioural Therapy (DBT)
 - Narrative Therapy (NT)
 - Mindfulness



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YDV Program – Group Treatment



- If numbers allow and their assessments support it, participants will attend **weekly, two-hour** group sessions run by Radius clinicians for **14-24 weeks**.
- Follow a **skills-based** format.
- Topics in groups may include, amongst others:
 - Healthy relationship communication skills
 - Conflict management skills
 - Understanding masculinity and its' connection to violence
 - How to take accountability in relationships
 - Restorative justice as healing
 - How to handle rejection
 - Relationships and victim impact issues

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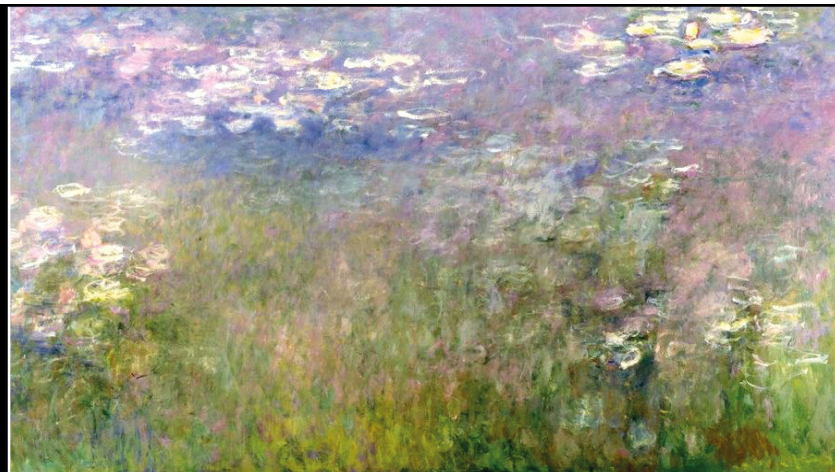
YDV Program – Research



- **Longitudinal research** will be conducted with youth who consent to participate
- Once participants have completed the program, there will be longer-term check-ins (6 months-1 year after completion) to examine **program efficacy**
- These check-ins will be supported with **CPIC data** to follow up on **recidivism** post-program completion
- In addition to program evaluation, this data will help identify youth who do or do not benefit from this type of programming

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Clinical Impressions

Client Demographics: Older

Forms of Violence: Broad range

Surprises: Less overt adherence to traditional gender roles

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YDV Program – Referral Information



Referrals to this program
can be made from any
source:

Self, family or partner referred

Youth Worker, Social Works,
CAS


Youth Justice



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YDV Program – Accessibility




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- Tokens/TTC tickets available
- Some after school appointment times
- Services available at both Oakville & Etobicoke sites, as well as virtually
- Translation services available

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Referral Criteria




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- Must be between **12-24 years of age**
- Charges not necessary, however must be considered a **criminal offense**
- Participation must be **voluntary** on the part of the client

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YDV Program – Referral Information



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Referral Criteria:

- Youth who have used violence in a dating relationship
- Attend voluntarily
- Ages 12-24
- Can attend treatment at Radius's Etobicoke or Oakville office; or virtually via zoom


Contact

For **more information**, please contact
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Bente Skau, Clinical Director
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To **make a referral**, please contact Intake:
Intake Department: 416-744-9000 x327

1 Eva Road, Suite 216
Etobicoke, ON, M9C 4Z5



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Questions?



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Thank you



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