



Website: [www.seniorpridenetwork.ca](http://www.seniorpridenetwork.ca)

Email: [spntoronto@gmail.com](mailto:spntoronto@gmail.com)

## **2SLGBTQI+ SENIORS AFFIRMING AND SUPPORTIVE RESOURCES IN ONTARIO**

Ottawa Senior Pride Network/Réseau fierté des aînés d'Ottawa  
<http://ospn-rfao.ca/en/resources/>

Senior Pride Network Toronto  
<https://www.seniorpridenetwork.ca/projects-3-1>

Aging With Pride  
Spectrum, Waterloo Region's Rainbow Community Space  
<https://www.ourspectrum.com/services/aging-with-pride/>

Safer Spaces  
Gilbert Centre for Social and Support Services, Barrie  
<https://saferspaces.ca/resources/>

New Horizons 2S-LGBTQ+ Seniors Program  
AIDS Committee of North Bay and Area  
<https://aidsnorthbay.ca/new-horizons-2s-lgbtq-seniors-program/>

Réseau Access Network, Sudbury  
Older and Two-Spirit Outreach Programming  
<https://www.reseauaccessnetwork.com/new-horizons/>

ODLAN – Ontario Digital Literacy and Access Network  
<https://www.odlan.ca/resources>



## **Some 2S-LGBTQI+ Affirming Spaces for Older Adults in GTA**

**v NOV 2021**

**Developed by: leZLie Lee Kam**  
<https://www.lezlieoutofthecloset.com/>  
**and Rui Pires**

### **SPRINT (Senior Peoples Resources in North Toronto)**

Caring for seniors and enabling seniors to care for themselves since 1983, SPRINT Offers wide-ranging services to seniors and their caregivers.

140 Merton Street, Second Floor, Toronto

Tel: 416-481-6411

<https://sprintseniorcare.org/>

### **Sunshine Centres for Seniors / Rainbow Bridges**

A seniors' social, recreational and health promotion program with an inclusive multicultural, lesbian, gay, bisexual, and transgender friendly atmosphere.

1033 Pape Ave. Suite 10, Toronto

416-924-3979

<https://sunshinecentres.com/>



## **The 519 & Older LGBTQ Programming**

519 Church Street

Toronto ON M4Y 2C9

Contact The 519 front desk for all general inquiries. 416-392-6874 - the519.org

This is a city of Toronto Community Centre

519 Programming includes an: **Older LGBTQ Drop-In**

<https://www.the519.org/programs/older-2slgbtq-program> The Older LGBTQ Program offers a weekly drop-in with programming for older LGBTQ people in our community. Everyone is invited, regardless of gender identity or sexual orientation.

### **Independent groups meet at the 519's spaces that are of interest to seniors:**

- **Mature Men's Book Club (50+)**

The Mature Men's Book Club is a group for gay, bisexual, and trans men who are 50+. Meets at the 519

<https://www.the519.org/programs/mature-mens-book-club>

- **Singing Out**

Singing Out is Toronto's LGBTQ Community Chorus. The choir promotes pride in musical excellence and fosters a positive image of common goals of belonging, unity, and empowerment. Meets at the 519

<https://www.the519.org/programs/singing-out>

**Note: there are other groups and activities that meet at the 519** (Example: a Bridge Club (mostly older men) meets at the 519.)



## **HIV/AIDS services and prevention groups:**

AIDS Committee of Toronto: <https://www.actoronto.org/>

Asian Community AIDS Services: <http://acas.org/>

Alliance for South Asian AIDS Prevention: <https://www.asaap.ca/>

Black Coalition for AIDS Prevention: <http://www.blackcap.ca/>

Centre for Spanish-speaking People:

<http://www.spanishservices.org/en/>

Women's Health in Women's Hands Programming:

<https://www.whiwh.com/>

## **Consult HIV411.ca for a complete list of HIV and Hep C organizations in Toronto**

**ACT's Main number: 416-340-2437, Voicemail: 416-340-8484, actoronto.org**

Although not explicitly for seniors, many AIDS service organizations, and clinics with programming specific for HIV are increasingly experiencing older people living with HIV as more people live longer lives with HIV. Many offer learning opportunities for older people about sex and sexuality, even for those not living with HIV. Many offer volunteer opportunities suitable for older adults.

## **Prime Timers Toronto**

[www.primetimersww.org](http://www.primetimersww.org)

A varied and diverse group of mature gay and bisexual men who gather in a supportive atmosphere to enjoy social, educational and recreational activities.



## **Senior Pride Network Toronto**

<https://seniorpridenetwork.ca>

Senior Pride Network (SPN) is an association of individuals, organizations and community groups with a focus on health and social services.

## **Rainbow Health Ontario**

<https://www.rainbowhealthontario.ca/>

333 Sherbourne Street

416-324-4100

Rainbow Health Ontario works to improve the health and well-being of LGBTQ people in Ontario and to increase access to competent and LGBTQ friendly health care services across the province. We do this by providing education and training to providers, advocating for public policy change, sharing information and consulting with service providers and organizations.

## **Women's Health in Women's Hands**

<https://www.whiwh.com/>

2 Carlton Street, Suite 500, Toronto

General Inquiries: 416-593-7655

Specifically for black women, Latinas & women of colour.

Women's Health In Women's Hands is a Community Health Centre for racialized women living in Toronto and surrounding municipalities. Our primary health care team of highly skilled health care professionals specialize in the health and wellness needs of racialized women and prioritizes those from African, Caribbean, Latin American and South Asian communities. Our services are fully accessible and designed to address the barriers that prevent women from being in excellent health.



### **Hassle-Free Clinic**

[www.hasslefreeclinic.org](http://www.hasslefreeclinic.org)

66 Gerrard St E, Toronto

(416) 922-0566

Hassle-Free Clinic provides free medical and counselling services in many areas of sexual health. Located in downtown Toronto, the clinic has separate Men & Trans clinic hours and Women & Trans clinic hours.

### **Come As You Are**

<https://www.comeasyouare.com/>

6 Ripley Ave #2, Toronto

(416) 504-7934

A sex shop that is particularly LGBTQQ2 inclusive – for selling sex toys, lube, erotica and other sex-related materials.

### **GLAD DAY Bookshop**

<https://www.gladdaybookshop.com/>

499 Church St. Toronto

416-961-4161

A transforming space available to a diverse cross-section of our many queer communities. LGBTQ seniors now have the opportunity to take advantage of this new location and create new social activities!

### **Good for Her**

<https://goodforher.com/>

175 Harbord St. Toronto

(416) 588-0900

Women & Trans hours Sunday 12-2pm with more hours open to everyone throughout the week.

A sex shop that is LGBTQQ2 inclusive and focused on women – for selling sex toys, lube, erotica and other sex-related materials.



## **Long Term Care Facilities such as Fudger House and True Davidson Acres**

Find out more about the City of Toronto services at 311 –

[www.toronto.ca/311](http://www.toronto.ca/311)

Volunteering in long-term care facilities who done a great deal of work to be inclusive of LGBTQ2+ communities provides a sense of connection in an affirming space.

## **Rekai Centres - Long Term Care Facilities in Downtown Toronto**

Rekai Centres are regularly organizing two kinds of GSAs: a Gender/Sexuality Alliance for employees of the long-term care facilities focusing on the planning of 2SLGBTQI activities for residents and staff and GSA Social – a safer space for 2SLGBTQI residents and their friends. Rekai is also planning to open a 2SLGBTQI dedicated wing with 25 beds.

<http://www.rekaicentre.com/>

## **Buddies in Bad Times Theatre – The Youth/Elders Project**

brings together young and old to create a space where identities, personal histories and queer perspectives get turned into

performance <https://buddiesinbadtimes.com/community/youth-elders-projects/>

**Dorothy's Place Scarborough** - Dorothy's Place is an exciting new ministry of Birchcliff Bluffs United Church serving LGBTQ2S+ seniors/retirees in East End Toronto and Scarborough in three ways: Inviting folks to a weekly lunch and social program where delicious food, interesting speakers and friendly connections will be offered; reaching out to seniors living in the community who would like some friendly visiting, pastoral care and/or advocacy; and offering educational and entertaining



programming to local seniors' residences.

[dorothysplace4u@gmail.com](mailto:dorothysplace4u@gmail.com)

### **Rainbow, Faith and Freedom**

<https://rainbowfaithandfreedom.org/>

Rainbow Faith and Freedom is a global movement to confront religious-based LGBTI discrimination and improve human and equality rights of LGBTI people everywhere.

### **CAYR COMMUNITY CONNECTIONS - North York, ON**

<https://cayrcc.org/rainbowspace/>

### **Building Safer, Inclusive Social & Recreational Spaces for the 2SLGBTQ+ Community in York Region**

If you are a person who identifies as a member of the 2SLGBTQ+ community in the York Region or are seeking support for a friend or family member as an ally, here is what you can access through our Rainbow Space program.

**Events to be aware of** (some of these events might not be functioning during COVID-19 pandemic):

#### **Egale's Rainbow Table: Connecting LGBTQI2S Seniors**

<https://egale.ca/egale-in-action/rainbowtable/> Rainbow Table is a virtual space where LGBTQI2S seniors can connect during the COVID-19 pandemic and beyond.

**The FIRST Wednesday of every month - Queer Cab at Buddies** – Pay what you can...doors at 8.30pm show at 9pm..all ages welcome.





**The FIRST Thursday of every month - YAS QUEEN.** A comedy show FEATURING women of colour. (875 Bloor St. West at the Bad Dog Theatre...cover is \$10 & show at 9pm) All ages welcome!!

**Sunshine Centres for Seniors** - Summer program available on Ward's Island from May to September. 416-924-3979

**General Inquiries**

**On Programs, Services and Businesses in Toronto**  
**(including information on many of the above):**

**311-free, find City of Toronto services – Toronto.ca/311**

**211 – free- find Social Services and Non-profits Groups -  
211toronto.ca**

**411 – costs money to call – find businesses and individuals  
(note: using the canada411.ca web site to search is free)**

**HIV411.ca – a great web-based referral source for HIV and  
Hep C info and Services and Testing**

**416-392-2437 – AIDS and Sexual Health Hotline (Toronto  
Public Health)**



***Transgender Programs***

***Specialized Medical Care***

***Emergency/Crisis Medical Care***

***Gay-Straight Alliances (Gender & Sexuality Alliances)***

***Selected Trans-Friendly Faith Communities***

***Advocacy, Education and Research Organizations***

This document does not include psychiatric services and facilities, and/or individual practitioners in various disciplines, including social workers, psychotherapists, medical doctors, and psychiatrists. In carrying out their ministry responsibilities, Anglican clergy are strictly limited to providing pastoral care and appropriate referrals.

Rev. M. Rodrigues, Honorary Assistant  
St. John's West Toronto Anglican Church  
[mrodrigues@sjwt.ca](mailto:mrodrigues@sjwt.ca)  
[www.sjwt.ca/trans](http://www.sjwt.ca/trans)

## **Transgender Programs**

### **The 519**

The 519 is committed to the health, happiness and full participation of the LGBTQ2S community. Trans-related programs and services as of October 2021 include: Classes for Confidence, Bold Beauty; FTM, Transmasc & Non-binary Support Group; Friendly Check-In Over the Phone for Racialized and Trans Folk of Colour; Meal Trans; Senior Pride Network, Trans Conversation Cafe; Trans Youth Mentorship; Transition Support; Trans-People of Colour Project; Virtual Tax Clinic; Virtual Trans ID Clinic  
519 Church Street, Toronto, ON M4Y 2C9 416-392-6878  
Contacts: Jaymie Sampa, Manager of Programs; Barb Besharat, Manager, Meal Trans

[www.the519.org/programs/category/trans-specific](http://www.the519.org/programs/category/trans-specific)

### **Sherbourne Health**

Sherbourne Health offers a wide range of supportive LGBT2SQ networks and groups. Select virtual groups as of October 2021 include Mature Trans Sisters; SOY groups for youth aged 14-29; Newcomers to Canada

333 Sherbourne Street, Toronto, ON M5A 2S5 416-324-4100  
Carolina Berinstein, Program & Services Director, LGBT2SQ communities 647-730-3274

K. Dadui, SOY Youth Resource Worker 647-730-3312 or 416-324-4103

[www.sherbourne.on.ca](http://www.sherbourne.on.ca) [info@sherbourne.on.ca](mailto:info@sherbourne.on.ca)

## **Specialized Medical Care**

### **Sherbourne Health Trans Health Care (above)**

Sherbourne's focus on LGBT2SQ people has resulted in the Centre having a larger than average population of trans clients. Trans and non-binary health programs and resources include transition-related surgery planning and referrals; transition

related care and acute respite care (ARC) program; urban health care services. 416-324-4100

### **Women's College Hospital: Transition-Related Surgeries**

WCH has partnered with Sherbourne Health, Rainbow Health Ontario (RHO), and the Centre for Addiction and Mental Health (CAMH), along with a group of committed individuals from the community, to form the Trans Health Expansion Partnership (THEx). THEx supports the expansion of health services for trans individuals and communities across Ontario. Under the umbrella of THEx, the Transition Related Surgeries Subcommittee led by WCH is charged with the responsibility of creating an accessible and quality surgical program. The program represents the first public hospital-based surgical program in Canada focused on providing safe and timely access to transition-related surgical care.

76 Grenville Street, Toronto, ON M5S 1B2 416-323-6148

[www.womenscollegehospital.ca](http://www.womenscollegehospital.ca) [transitionrelated\\_surgery@wchospital.ca](mailto:transitionrelated_surgery@wchospital.ca)

### **Hassle Free Clinic**

Services to trans individuals include free sexual health, medical and counseling services through the Men/Trans, and Women/Trans clinics.

66 Gerard Street East, 2<sup>nd</sup> Floor, Toronto, ON M5B 1G3 416-922-0566

[www.hasslefreeclinic.org](http://www.hasslefreeclinic.org) email: [admin@hasslefreeclinic.org](mailto:admin@hasslefreeclinic.org)

### **Emergency/Crisis Medical Care**

#### **Gerstein Crisis Centre**

Crisis services include 24/7 telephone support in over 180 languages, in-person mobile crisis team, substance abuse crisis management, follow-up and access to short term crisis beds. All services are free and confidential. The crisis intervention line is **416-929-5200**. [www.gersteincentre.org](http://www.gersteincentre.org)

## **LGBT Youth Line**

Youth Line is a toll-free Ontario-wide peer support phone line for 2SLGBTQ+ youth. It offers confidential and non-judgemental peer support through telephone, text and chat services. Get in touch with a peer support volunteer from Sunday to Friday, 4:00 PM to 9:30 PM.

1-800-268-9688 [www.youthline.ca](http://www.youthline.ca) Text: 647-694-4275

## **Trans Lifeline Peer Support Hotline**

A peer support service run by and for trans people, divested from the police, for trans and questioning callers, including those in crisis. It connects trans people to the community support and resources they need to survive and thrive. Operators are located all over Canada and the US. 1-877-330-6366 (Canada) or 1-877-565-8860 (US)

## **St. Joseph's Health Centre**

30 The Queensway, Toronto, ON M6R 1B5

416-530-6000 [www.unityhealth.to/st-josephs-healthcentre/](http://www.unityhealth.to/st-josephs-healthcentre/)

## **St. Michael's Hospital**

30 Bond Street, Toronto, ON M5B 1W8

416-360-4000 [www.unityhealth.to/locations/st--michaels-hospital/](http://www.unityhealth.to/locations/st--michaels-hospital/)

## **Mt. Sinai Hospital**

600 University Avenue, Toronto, ON M5G 1X5

416-596-4200; 416-586-5054 (emerg.) [www.mountsinai.on.ca](http://www.mountsinai.on.ca)

## **Gay-Straight Alliances (Gender & Sexuality Alliances)**

A Gay-Straight Alliance (GSA) is a student-initiated and student-run student club. GSAs provide a safe, supportive environment for lesbian, gay, bisexual, transgender, two-spirit, queer, questioning (LGBT2Q) and straight ally youth to meet and discuss sexual orientation and gender identity issues. Together they work to create a school environment free of discrimination,

harassment, and intolerance. While each GSA is unique, there is never an expectation that students disclose their sexual or gender identity. In Ontario, every student has a right to a GSA in their school and school boards are required to support students in establishing GSAs. Not all high schools have a GSA as yet, although many already do. For more information, please contact your local school board. In Toronto, please contact the Toronto District School Board at [www.tdsb.on.ca](http://www.tdsb.on.ca).  
416-397-3000

### **Selected Trans-Friendly Faith Communities**

As a result of COVID-19, faith communities are currently offering services on-line as well as on a limited on-site basis. Please contact each location for the details.

#### **All Saints Church-Community Centre, Anglican**

Open welcome; Monday-Friday Drop-Ins (women only on Fridays);

315 Dundas Street E, Toronto M5A 2A2 416-368-7768  
[www.allsaintstoronto.com](http://www.allsaintstoronto.com) [admin@allsaintstoronto.com](mailto:admin@allsaintstoronto.com)

#### **All Saints Peterborough, Anglican**

Open welcome; spiritual support; safe space  
235 Rubidge Road, Peterborough, ON K9J 3N9  
705-876-1501

#### **Birchcliff Bluffs United Church**

Dorothy's Place drop-in for LGBTQ+ older adults  
33 East Road Scarborough, ON M1N 1Z9 416-694-4081  
[www.bbuc.ca](http://www.bbuc.ca) [dorothysplace4u@gmail.com](mailto:dorothysplace4u@gmail.com)

#### **Church of the Epiphany and St. Mark, Parkdale, Anglican**

Open welcome; spiritual support  
201 Cowan Avenue, Toronto, ON M6K 2N7 416-535-8240  
[www.epiphanyandstmark.ca](http://www.epiphanyandstmark.ca) [epiphanyandstmark@gmail.com](mailto:epiphanyandstmark@gmail.com)

### **Holy Trinity, Trinity Square, Anglican**

Open welcome; spiritual support

10 Trinity Square, Toronto, ON M5G 1B1 416-598-4521

[www.holytrinitytoronto.org](http://www.holytrinitytoronto.org)

### **Incarnation, Anglican**

Open welcome; spiritual support

15 Clairtrell Road, Toronto, ON M2N 5J7

416-221-7516

[office@incarnationtoronto.ca](mailto:office@incarnationtoronto.ca)

[www.incarnationtoronto.ca](http://www.incarnationtoronto.ca)

### **Metropolitan Community Church in Toronto**

A vibrant, inclusive and progressive spiritual community and a renowned human rights centre offering an open welcome and spiritual support

115 Simpson Avenue, Toronto, ON M4K 1A1

416-406-MCCT (6228) [www.mcctoronto.com](http://www.mcctoronto.com)

### **Parroquia San Esteban, Anglican**

Open welcome; spiritual support; worship service in Spanish. 10 Trinity Square, Toronto, ON M5G 1B1 647-938-1684 (Reopening early in 2022)

[www.sanestebanonline.com](http://www.sanestebanonline.com) [iglesiastesteban@hotmail.com](mailto:iglesiastesteban@hotmail.com)

Trans-Esteban Group Drop-In:

6 Trinity Square, Toronto, ON

[www.trans-anglican.blogspot.ca](http://www.trans-anglican.blogspot.ca) 647-938-1684

### **Redeemer, Bloor Street, Anglican**

Open welcome; spiritual support; gender inclusiveness

162 Bloor Street West, Toronto, ON M5S 1M4

416-922-4948 [www.theredeemer.ca](http://www.theredeemer.ca)

### **Roncesvalles United Church**

Open welcome; spiritual support; gender inclusiveness; community outreach

214 Wright Ave., Toronto, ON M6R 1L3 416-536-1755

[roncesvallesuc@gmail.com](mailto:roncesvallesuc@gmail.com) [www.roncesvallesuc.com](http://www.roncesvallesuc.com)

### **St. Aidan, Anglican**

Open welcome; spiritual support  
70 Silver Birch Avenue, Toronto ON M4E 3K9  
416-691-2222  
[www.staidansinthebeach.com](http://www.staidansinthebeach.com)  
[office@staidansinthebeach.com](mailto:office@staidansinthebeach.com)

### **St. James Cathedral, Anglican**

Open welcome; spiritual support; community outreach programs  
65 Church Street, Toronto, ON M5C 2E9 416-364-7865  
[www.stjamescathedral.ca](http://www.stjamescathedral.ca) [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca)

### **St. James the Apostle, Sharon**

"We Are A Safe Place" ministry to LGBTQ youth and friends  
18794 Leslie Street, Sharon, ON L0G 1V0 905-478-1959  
[stjames1959@gmail.com](mailto:stjames1959@gmail.com) [www.stjamessharon.com](http://www.stjamessharon.com)

### **St. John's West Toronto, Anglican**

Open welcome; spiritual support  
288 Humberside Avenue, Toronto, ON M6P 1L5 416-763-2393  
[www.sjwt.ca](http://www.sjwt.ca) [pastor@sjwt.ca](mailto:pastor@sjwt.ca) [youth@sjwt.ca](mailto:youth@sjwt.ca)

### **St. Matthias, Bellwoods, Anglican**

Open welcome; spiritual support  
45 Bellwoods Avenue Toronto M6J 3N4 416-603-6702  
Email: [saint.matthias@sympatico.ca](mailto:saint.matthias@sympatico.ca)  
[www.facebook.com/StMatthiasBellwoods](http://www.facebook.com/StMatthiasBellwoods)

### **St. Peter and St. Simon the Apostle, Anglican**

Open welcome; spiritual support  
525 Bloor Street E., Toronto, ON M4W 1J1 416-923-8714  
[www.stpeterstsimon.ca](http://www.stpeterstsimon.ca) [office@stpeterstsimon.ca](mailto:office@stpeterstsimon.ca)

### **St Stephen-in-the-Fields, Anglican**

Open welcome; spiritual support; gender inclusiveness  
Inclusive Safe Space Drop-In Fridays 8 p.m. to midnight;



Inclusive weekend breakfast programs  
103 Bellevue Ave Toronto, ON M5T 2N8 416-921-6350  
[www.saintstephens.ca](http://www.saintstephens.ca) [ststepheninthefields@gmail.com](mailto:ststepheninthefields@gmail.com)

### **Transfiguration, Anglican**

Open welcome, spiritual support  
111 Manor Road East, Toronto M4S 1R4 416-489-7798  
[office@churchofthetransfiguration.ca](mailto:office@churchofthetransfiguration.ca)  
[www.churchofthetransfiguration.ca/](http://www.churchofthetransfiguration.ca/)

### **Trinity-St. Paul's United Church (also known as Trinity St. Paul's Centre for Faith, Justice and the Arts)**

Open welcome; spiritual support; gender inclusiveness;  
community outreach  
427 Bloor Street West, Toronto, ON M5S 1X7 416-922-8435  
[www.trinitystpauls.ca](http://www.trinitystpauls.ca)

## **Advocacy, Education & Research Organizations**

### **The ArQuives (formerly Canadian Lesbian and Gay Archives)**

The ArQuives is the largest independent LGBTQ2+ Archives in the world. Its mandate is to: Acquire, preserve, organize and give public access to information and materials in any medium, by and about LGBTQ2+ people, primarily produced in, or concerning Canada, including a collection of queer and trans periodicals.  
Street address: 34 Isabella Street, Toronto, ON M4Y 1N1 416-777-2755  
[www.arquives.ca](http://www.arquives.ca) [queeries@arquives.ca](mailto:queeries@arquives.ca)

### **Egale Canada**

Egale works to improve the lives of 2SLGBTQI people in Canada and to enhance the global response to 2SLGBTQI issues. Egale will achieve this by informing public policy; inspiring cultural change; and promoting human rights and inclusion through

research, education, awareness and legal advocacy.  
120 Carlton Street, Toronto, ON M5A 4K2 416-964-7887; 1-888-204-7777  
[www.egale.ca](http://www.egale.ca)

### **Egale Youth Services: Friends of Ruby Drop-In Youth Centre**

Provides affirming, supportive, appropriate mental health care to 2SLGBTQI youth 16 to 29. Services include individual counselling; suicide prevention, intervention, and postvention care; same-day crisis counselling; homelessness and housing supports; drop-in space up to age 29, providing meals and basic necessities.  
489 Queen Street East Toronto, ON M5A 1V1.  
416-359-0237  
[info@egaleyouthservices.ca](mailto:info@egaleyouthservices.ca)    [www.egale.ca/youthservices/](http://www.egale.ca/youthservices/)

### **Glad Day Bookshop**

Serving the queer community since 1970, Glad Day is now the oldest LGBTQ bookstore in the world. It specializes in offering the widest possible selection of lesbian, gay, bisexual and trans literature, both in and out of print, as well as DVDs, magazines and novelties. It has a coffee shop, event space and a fair trade restaurant and bar, and is a neighbourhood meeting place.  
499 Church Street, Toronto, ON M4Y 2C6 416-901-6600  
[www.gladdaybookshop.com](http://www.gladdaybookshop.com)

### **Pflag**

Pflag Canada is proud to be Canada's only national organization that offers peer-to-peer support striving to help all Canadians with issues of sexual orientation, gender identity and gender expression. They support, educate and provide resources to anyone with questions or concerns. They promise to offer local, practical and emotional peer-to-peer family support for

individuals and their loved ones challenged by gender/sexual identity. Please find your local chapter on line.

416-406-1727(Toronto) [office@pflagtoronto.org](mailto:office@pflagtoronto.org)

[www.torontopflag.org](http://www.torontopflag.org)

1-888-530-6777(Canada) [www.pflagcanada.ca](http://www.pflagcanada.ca)

[info@pflagcanada.ca](mailto:info@pflagcanada.ca)

## **Rainbow Faith and Freedom**

A global movement that confronts religious-based LGBTI discrimination and improves the human and equality rights of LGBTI people everywhere.

473 Church Street #327, Toronto, ON M4Y 2C5

833-791-1733 [info@rainbowfaithandfreedom.org](mailto:info@rainbowfaithandfreedom.org)

## **Rainbow Health Ontario**

Rainbow Health Ontario (RHO) is a province-wide program of Sherbourne Health that creates opportunities for the healthcare system to better serve LGBT2SQ communities. RHO offers training for healthcare providers across the province to feel more clinically and culturally competent in caring for their LGBT2SQ service users. RHO also supports system change by producing evidence-based print and web resources.

333 Sherbourne Street, Toronto, ON M5A 2S5

416-324-4100 [www.rainbowhealthontario.ca](http://www.rainbowhealthontario.ca)

## **Salaam Canada**

Salaam Canada is a volunteer-run national organization dedicated to creating space for people who identify as both Muslim and queer and trans. It offers supports and programs for those in the queer/trans Muslim community and advocates for social justice for members of this community. Salaam also provides refugee and settlement support in collaboration with The 519.

[www.salaamcanada.info](http://www.salaamcanada.info)

### **Senior Pride Network (Toronto)**

The SPN is an association of individuals and organizations committed to promoting appropriate services and a positive, caring environment for elders, seniors and older persons who identify as 2 Spirit, lesbian, gay, bisexual, transgender, transsexual, queer, intersex and other (2SLGBTQI+). Because of the diversity of 2SLGBTQI+ elders, seniors and older persons and their life experiences, the SPN advocates on their behalf, adopting an intersectional, anti-oppression and equity-seeking approach. [www.seniorpridenetwork.ca](http://www.seniorpridenetwork.ca)

### **trans PULSE**

The Trans Pulse Canada team is a majority-trans group of community and academic researchers from across Canada. Together they bring more than 180 person-years of experience on more than 80 community based research studies.  
1-844-972-6772 [info@transpulsecanada.ca](mailto:info@transpulsecanada.ca)

### **Toronto District School Board: Gender-Based Violence Office**

This office works to promote healthy relationships and safe environments in schools. The office strives to prevent and address gender-based violence, homophobia, sexual harassment, and inappropriate behaviour by students towards other students in schools. It also implements violence prevention programs and plans throughout the Board.

[www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention](http://www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention)